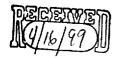


90 Orville Drive, Bohemia, NY 11716-2510 Phone: (516)244-2150 Fax: (516) 244-2153

April 9, 1999 '99 APR 20 P 2:08

Office of Special Nutritionals Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C Street, SW (HFS-450) Washington, D.C. 20204



Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statement on Zenatrim under the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, Heartland, Herbal Authority, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Puritan's Pride, Select Herbals, US Nutrition, Vitamin World:

• Ephedrine and caffeine work synergistically to help promote thermogenesis, the production of energy (heat) through the body's metabolism of fat.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD

Director, Nutrition Communications